

16 Oz Garden Spinach Lawash

Product Description:

A 11 to 12 inch round flatbread. Ideal for wrap sandwiches, paninis, thin crust pizza etc. Made with real Spinach Powder.

Ingredients:

Unbleached Unbromated Enriched wheat Flour (Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Powdered Cellulose, Flax Flour, Wheat Gluten, Spinach Powder, Stone Ground Whole Wheat Flour, Contains 2% or Less of the Following: Calcium Propionate, Potassium Sorbate, Salt, Guar Gum, Vinegar, Distilled, Beta-Tab, Green Color

Specs:

Mfg#	14974
LxHxW of Case	12 x 12 x 5 (inches)
Gross Weight	13 lb
Net Weight	12 lbs
Pk Size	12/5 pc
Ti/Hi	12/9 Total 108
Shelf Life	30 Days or 6 months frozen
UPC#	081511149747

Nutrition Facts	
Serving Size 1 slice (90g)	
Servings Per Container 5	
Amount Per Serving	
Calories 160	Calories from Fat 10
% Daily Values*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%
Total Carbohydrate 39g	13%
Dietary Fiber 11g	44%
Sugars 0g	
Protein 9g	18%
Calcium 10%	● Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2400mg 2400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

