

12 Oz Garden Spinach Lawash

Product Description:

A 9 to 10 inch spinach round flatbread. Ideal for wrap sandwiches, paninis, thin crust pizza etc. Made with real Spinach powder. High in protein, durable, low in sodium, and no cholesterol.

Ingredients:

Unbleached Unbromated Enriched wheat Flour (Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Powdered Cellulose, Flax Flour, Wheat Gluten, Spinach Powder, Stone Ground Whole Wheat Flour, Contains 2% or Less of the Following: Calcium Propionate, Potassium Sorbate, Salt, Guar Gum Vinegar, Distilled, Beta-Tab, Green Coloring

Specs

Mfg#	14976
LxHxW of Case	10 x 10 x 5 (inches)
Gross Weight	10 lb
Net Weight	9 lbs
Pk Size	12/6 pc
Ti/Hi	16/9 Total 144
Shelf Life	30 Days or 6 months frozen
UPC#	081511149761

Nutrition Facts			
Serving Size 1 slice (57g)			
Servings Per Container 6			
Amount Per Serving			
Calories 101	Calories from Fat 6		
% Daily Values*			
Total Fat 1g	2%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 139mg	6%		
Total Carbohydrate 25g	8%		
Dietary Fiber 7g	28%		
Sugars 0g			
Protein 6g	12%		
Vitamin C 2%	• Calcium 2%		
Iron 8%			
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

